



DAY TO FEEL ALIVE

Music : « Day To Feel Alive » by Jake Reese

Choreographers : Séverine Fillion & Arnaud Marraffa (FR, March 2023)

Description : Line Dance, 32 counts, 4 walls, 1 Tag (x 2), 2 Restarts

Level : Improver / Easy Intermediaite

Intro : 8 counts

1-8 ROCK FWD RIGHT & LEFT, BACK STEP LOCK STEP, FULL TURN RIGHT BACKWARD

1-2 Rock step right fwd, recover on left

& Right next to left

3-4 Rock step left fwd, recover on right

5&6 Left step back, right cross over left, left step back

7-8 1/2 turn right stepping right fwd, 1/2 turn right stepping left back

12:00

9-16 SIDE ROCK & SIDE - TOUCH, SIDE TRIPLE STEP, SAILOR 1/4 TURN LEFT

1-2 Rock step right to right side, recover on left

& Right next to left

3-4 Left step to left side, Touch right next to left

5&6 Triple step right left right to the right

7&8 Left cross behind right, 1/4 turn left stepping right to right, left fwd

9:00

17-24 ROCK FWD, COASTER STEP, SIDE POINT, HOLD, SWITCH SIDE POINT, HOLD

1-2 Rock step right fwd, recover on left

3&4 Right step back, left next to right, right fwd

5-6 Touch left toe to left side, Hold

&7-8 Left next to right (&), Touch right toe to right side, Hold

**** RESTARTS here on walls 4 & 8 (at 12:00)**

25-32 SYNCOPATED JAZZ BOX CROSS, SIDE, BEHIND SIDE CROSS, SIDE SLIDE

1-2 Right cross over left, left step back

&3-4 Right to right (&), Left cross over right, right to right

5&6 Left cross behind right, right to right, left cross over right

7-8 Large right step to the right, slide left next to right (ending weight on left)

TAG : Dance this 8 counts after the walls 2 & 6 (at 6:00)

1-8 LARGE STEP DIAGONALLY FWD & DRAG (R & L), WALKS BACK x 2, BACK ROCK

1-2 Large right step diagonally right fwd, Drag left next to right

3-4 Large left step diagonally left fwd, Drag right next to left

5-6 Walk back on right, walk back on left

7-8 Rock back on right, recover on left

ENJOY & HAVE FUN !!